

VIDEO FORMAT

For the ST Evaluation program you're going to submit Youtube videos so let me walk you through the requirements to set you up for good recordings.

FORMAT

- **Camera position**
First of all, the camera should be positioned in the middle of a short side of the riding arena, paddock or field.
- **Use a tripod**
Use a tripod for camera stability, so you can keep the footage steady and the horizon straight.
- **Use the zoom**
It's crucial to use the zoom, because with the video recording it's important that we can see you and your horse properly, otherwise we can't see any details to evaluate you. Therefore ask somebody to operate your camera's zoom and let this person zoom in/out gradually. It's best when the combination fills up the screen completely and keep this shot as constant as possible.
- **No close ups**
Show both you and your horse in the picture, so make no close ups of specific parts of horse/rider.
- **No music**
Please do not add music to your video so we can hear how you use your voice.
- **One take**
Present the exercises of one Touchstone in one take, which means that the taping has to be continual, as if you were performing it live. So your video has to be produced without editing.

SCRIPT

- **Stick to the script**
Stick precisely to the script to make sure that your final video has the same sequence and order of exercises as the script and the script illustration video, just to avoid that we can't give you any feedback on 'not shown' items which makes that you'll end up with zero points on your evaluation form.
- **Know the script by heart**
Study the script and script illustration video carefully before you start filming yourself, so know the script by heart and you can stick precisely to the script. Then practice the script so you are able to follow the script to complete all of the required exercises for the Touchstone, because that increases the probability of a positive evaluation. Incomplete Touchstones might lead to a 'non-pass', so make sure to stick to the sequence to avoid zero points.
- **Keep calm and carry on**
If something goes wrong along the way, that is not a problem, just show your training skills and do the right thing to get back to your original script.

Good luck with your filming and we look forward to giving you our feedback!

IMPORTANT

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This document is the result of many years research and study. I hope you will benefit from it and that you enjoy using this information.

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I appreciate your cooperation in this matter and hope that you find this document useful in your own training and development.

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It is important that support from an expert is sought if you don't have adequate experience in Straightness Training, horsemanship or horse training in general. Do not attempt the techniques you are about to read and see without consulting a professional and without proper education. Horse activities can be dangerous.

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